

PROGRAMMED CRYSTALS

- **Programming** involves respectfully asking a crystal to do a specific job and thus empowers the work of the crystal to that purpose by up to 100 fold.
- It is recommend that for optimum healing you plant and use appropriately **programmed** crystals. To programme your own crystals for planting Action Sheets to download are available on the Crystal Earthworks website. Alternatively ready programmed crystals can be purchased from our online shop.

CLEANSING CRYSTALS

- All crystals act as sponges absorbing negative energy to maximum capacity after which they begin to 'drip' the energies they are absorbing back into the environment. **Cleansing**, therefore, is vital.
- Crystals placed outside will be **cleansed by the elements** and no further action is required.
- Crystals placed in the home or workplace; require **weekly cleansing** by placing them in water overnight, preferably in a glass bowl. Next day pat crystals dry, preferably with a clean white cotton cloth and replace within your home or workplace.
- Crystals worn or carried require **daily cleansing**. Simply place in water overnight or rinse under running water, pat dry (preferably with a clean white cloth) then place to rest overnight.

RECORDING

- If you feel able to contribute to the projects database please submit your records via the Crystal Earthworks Facebook page.

HELPLINE

- If you require any further help regarding crystal planting or usage of crystals in the environment, please contact the project by email at info@crystalearthworks.net.

TRAINING

- If you would like to learn more about crystal planting and learn how to programme your own crystals for planting, the project holds regular training workshops and courses - please visit the projects website www.crystalearthworks.net for further details.

The Crystal Earthworks

For further information please visit the projects website / blog
www.crystalearthworks.net / www.crystalearthworks.blogspot.com
or contact the project at
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KW17 2LQ, UK. Tel: 07720534997



The Crystal Earthworks

TAKING RESPONSIBILITY FOR OUR RUBBISH USING CRYSTALS

AN INTRODUCTION

Modern day living for many, creates copious amounts of rubbish. We must all do our bit to **recycle and reinvest** where we can.

Taking bottles, cans and newspapers to **recycling depots** and **composting** our vegetable waste can reduce everyday rubbish enormously.

Once you are **re-investing** in this way, you can then treat the remaining waste and other material to recycle using crystals to **energy protect** and to begin to **absorb/transmute** the negative energy this material holds. You are then truly, responsibly treating and energy managing your waste.

www.crystalearthworks.net

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RUBBISH & RECYCLE STORAGE AREAS AROUND THE HOME

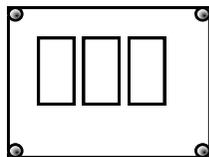
These may be in separate places, for example dustbins in the garden/yard and a recycle area in shed/garage, or a combined site, for example a waste/recycle area established in the yard or garden. By placing a **programmed*** amethyst to each corner of the area, you create a “net” or “energy web” which will begin to absorb/transmute the negative energy of the waste and energy protect you from its negativity.

Examples of rubbish bin and recycle bin sites planted with Amethyst

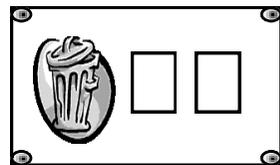
Back Yard/Garden
Rubbish Bin



Garage or Shed
Recycle Bins



Combined Site
Rubbish & Recycle Bins



Crystals outside may be **planted** into the ground, covered with soil and their position marked by large stones. Alternatively, crystals may be **placed** in clay pots filled with gravel if in a concrete yard. Crystals planted outdoors will be **cleansed naturally** by the elements.

If placing crystals indoors, for example in the garage or garden shed, they may either be placed on the floor or in gravel filled pots. Indoor crystals require **weekly cleansing**, overnight in water. (See overleaf for details of **Cleansing Crystals**)

TOILET AREAS

Placing a **programmed*** Citrine on the cistern or behind the toilet will ensure all personal release of waste is managed positively and any associated negative energy transmuted. Again, you have responsibly treated and energy managed your waste.

LANDFILL

The negative energy emission and stagnation of energy created by these sites are self-evident. Those living or working in the vicinity of these sites will be affected by this energy—the young, elderly and pregnant women are particularly vulnerable. We cannot negate this negative energy, as we are all responsible for its production, however, it can be **'energy' contained**, and to some degree **transmuted**, and our homes, schools and workplaces can be **protected** from its effects.

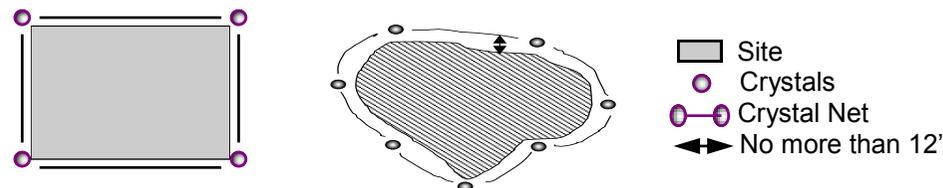
* see overleaf for details of Programmed Crystals

Please note: Crystals should not be taken internally. Children will have a natural fascination with crystals and may wish to play with them. Please encourage them not to put the crystals into their mouths and other orifices! Some crystals may be “rough” cut and have sharp edges, please take care when handling. Always take care when digging in the earth to plant a crystal as there may be pipes/cables buried underground.

To contain Landfill

- Plant **programmed*** Amethyst (4 – 10 fist-sized crystals) to each ‘corner’ around the site, no more than 12’ away. Place the crystals into the earth and cover with soil where possible so that they are not disturbed—a bulb planter or trowel may be useful for this.
- This will **contain** and **direct the negative energy to some degree earthwards** and render the area beyond the net toxic free.
- Further planting of crystals may be required as the landfill area grows to create a new, larger ‘net’.
- Please **record** and map the site of planting and send to **The Crystal Earthworks** for its database, if you feel able (details overleaf)

Examples of planting ‘net’ for Landfill Sites



PREGNANCY

We recommend all, but especially those who are pregnant, to wear or carry appropriately **programmed amethyst**. This will give a protective veil to the wearer and, in the case of pregnancy, the mother and unborn child. Cleanse each night, overnight in water—see overleaf for details of **Cleansing Crystals**.

PROTECTING HOMES, SCHOOLS AND WORKPLACES

As a partner to landfill netting, we recommend that everyone “**energy manages**” their homes, schools and workplaces by planting **protecting** and **transmuting** nets of Amethyst crystal around them.

- Use 4 **programmed*** medium or fist-sized Amethyst.
- Place a crystal to each ‘corner’ of the area. Either plant into the ground and cover with earth or, where it is not possible to plant, place each crystal into a gravel filled terracotta pot .

Examples of planting for homes and their surrounding land/garden areas

